Bruce Smith

When I Take Up Weight

As if it were a crime for a man's body to have weight. As if it were a crime for the weight to be lifted up and laid gently down. He built his guilty room upon this hill where each morning the trucks are working their purpose out, miserere in first gear. All afternoon beams shudder to those trucks' devotions. The panes fall out of their bonds. Better than asleep, he won't hear their awful nocturne—the oily art of braying past him down the hill.

But this is how his angels landed like a squadron of crippled planes returning to him in the war—Dunkswell, Devon. He's on the ground. Support forces. A working stiff to the end. They bring him damaged mail from Dresden, morphine, a life raft pierced with shrapnel, and no thanks for the parachute—silk wings he packed and folded and sewed.

Sometimes I have to touch my father to understand I've visited this man. And when I take up weight, and fly in the night by sealed beam, an ingrate whose money jingles, then, in the midst of my racket, I'll know the blessed wretchedness. I'll know why he won't wrestle with me, why he won't let this body rest.