## MARK IRWIN

## Helmet

The five o'clock LA sky's alive with jets and palms swimming in a cocktail of smog. In the attic yesterday

I found your Helmet, its dull red,

scratched and dusty in the dormer's

blast of sun: George Milliron: you held me once as we slid down the brassy pole & stepped onto the Fire truck

shiny as a dreamed toy. Dead

fifty years now, you drank a glass of milk each night before bed. A green willow brushes against the window while a hummingbird

rams its breast into a pyracantha blossom. In London once I touched a bronze Corinthian helmet whose pitted crown

was dented from blows. And here's your watch too, dumb & stalled, but yearning in the sky's blown gold.